What is "suddenly"? It is to carry out the motion without an idea. It is to perform irritated motion in fear, fretfulness and despair. Anyhow, I have to move. Otherwise, people turn their doubtful eyes to me. When you have doubt, keep silent. This is just a doubtful proverb. Because, one must move in order to hide. Everything is moving in his or her circumference. Even if he or she stops, others do not stop. If he or she stops, it will be thought that he or she has a reason to stop. Not moving becomes a kind of motion. Since it is rather conspicuous, it is harmful. A suitable motion will also bring a rather bad result, if an opportunity is missed. It is one idea to move in a hurry rather than to become spoilt. However, superfluously unusual motion cannot be carried out. Here, he or she has to think. But, while he or she thinks, time passes. And fire is very quick and is coming there. Our reason is slow and is not helpful. Reason cannot be trusted if it sees rationally. And reason ruins itself. That is, reason is lost. People fly at motion in the end. It is just in the end. It becomes a motion abruptly. In fact, it can not get a motion, because it is confused. Was it good to do such a thing? Then, what should I do just now? One should have the immobility in which motion is included. The state of the waterdrop which is likely to overflow from the edge but has just stopped, barely. The state of a fly on a windowpane just before flying away. The state of something which is likely to slide down but be on a lathe barely. Thus, people become immobe, before they aim, they wring a bow, they shoot an arrow, and begin to move again. But, we should reanalyze what determines a motion abruptly in fact. For example, The method for reducing the load of a shock, and the reaction when being surprised

「マイムの言葉-思考する身体」 Etienne Docroux 1990 ブリュッケ p.78-80 相反する二つの動き original - 1952.